



AMERICAN WARRIOR INSTITUTE



To Whom It May Concern:

23 August 2012

I am writing this letter of recognition of and recommendation for Ronald Christopher Garland. Chris Garland is not only a master of military combatives but is also a true warrior and patriot. During my US Army Airborne Rangers/Special Forces career of over 40 years, I have conducted special operations LRRP/ Ranger missions in Republic of Vietnam, Laos, and Cambodia and have routinely used hand-to-hand and sentry-stalking/silent-killing (SSS&K) techniques to accomplish clandestine operations. In short, I have seen and worked out with some of the toughest combatants in the world, but I can state without hesitation that Mr. Garland ranks among the finest.

In 1995, I was first introduced to a young Chris Garland in South America, where he was contracting his services. He and I became friends because of our combative skills and our special appreciation for edged weapons. Since that time, our common ground in the philosophies of the arts of armed and unarmed combat has brought us closer, and we have been training on and off ever since. With his mental and physical capabilities, he brings extraordinary qualities to the table in the field of close-quarter combat.

Chris and I have worked together extensively on the SSS&K techniques and the knife fighting and short sword POI for combat which we have both taught to 5th and 7th SFG(A), techniques used in the Iraq and Afghanistan wars. Furthermore, we have worked on the design of the American Warrior Institute (AWI) fighting edge weapons that I used for taking out sentries in Southeast Asia. If I had available to me this quality of edged weapon when I was in combat, my work would have proceeded much more efficiently.

Chris is one of the highest ranking Black Belts in American Warrior Free Fighting System with AWI. His vast experience contributes unequivocally to the body of close-combat expertise in America.

If you have any questions, feel free to contact me at your convenience (contact information below).

Respectfully,



Gary L. O'Neal

CEO, AWI



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